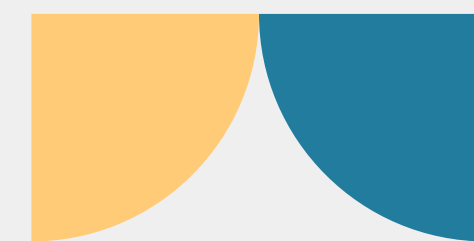
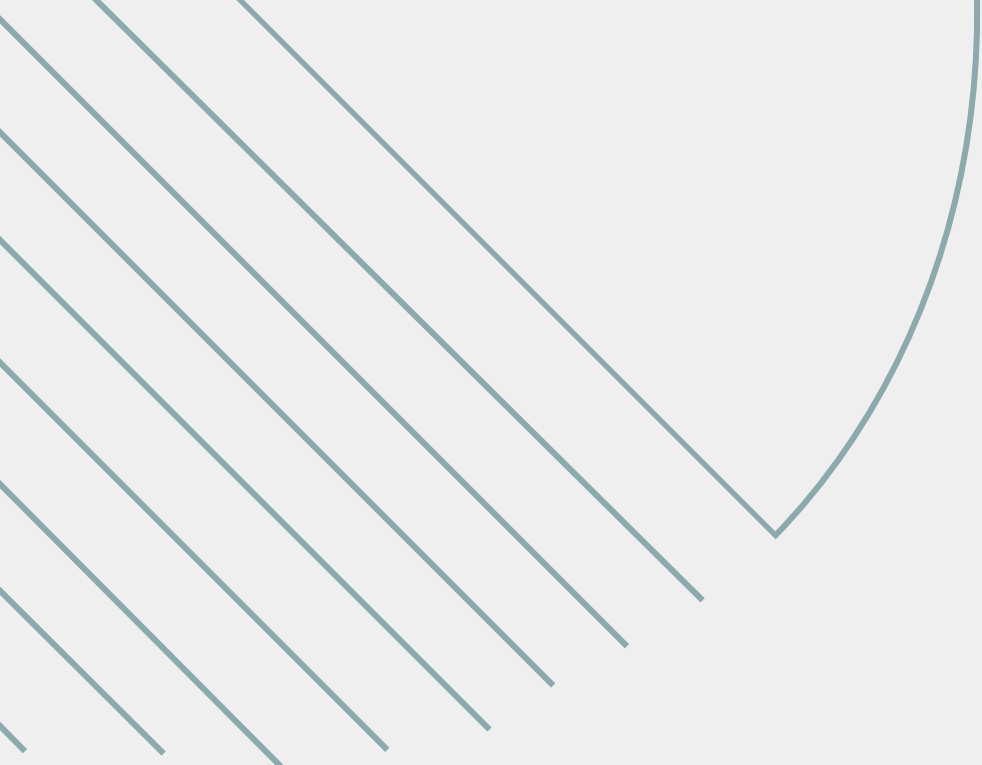


FOUR DAY SCHOOL WEEKS



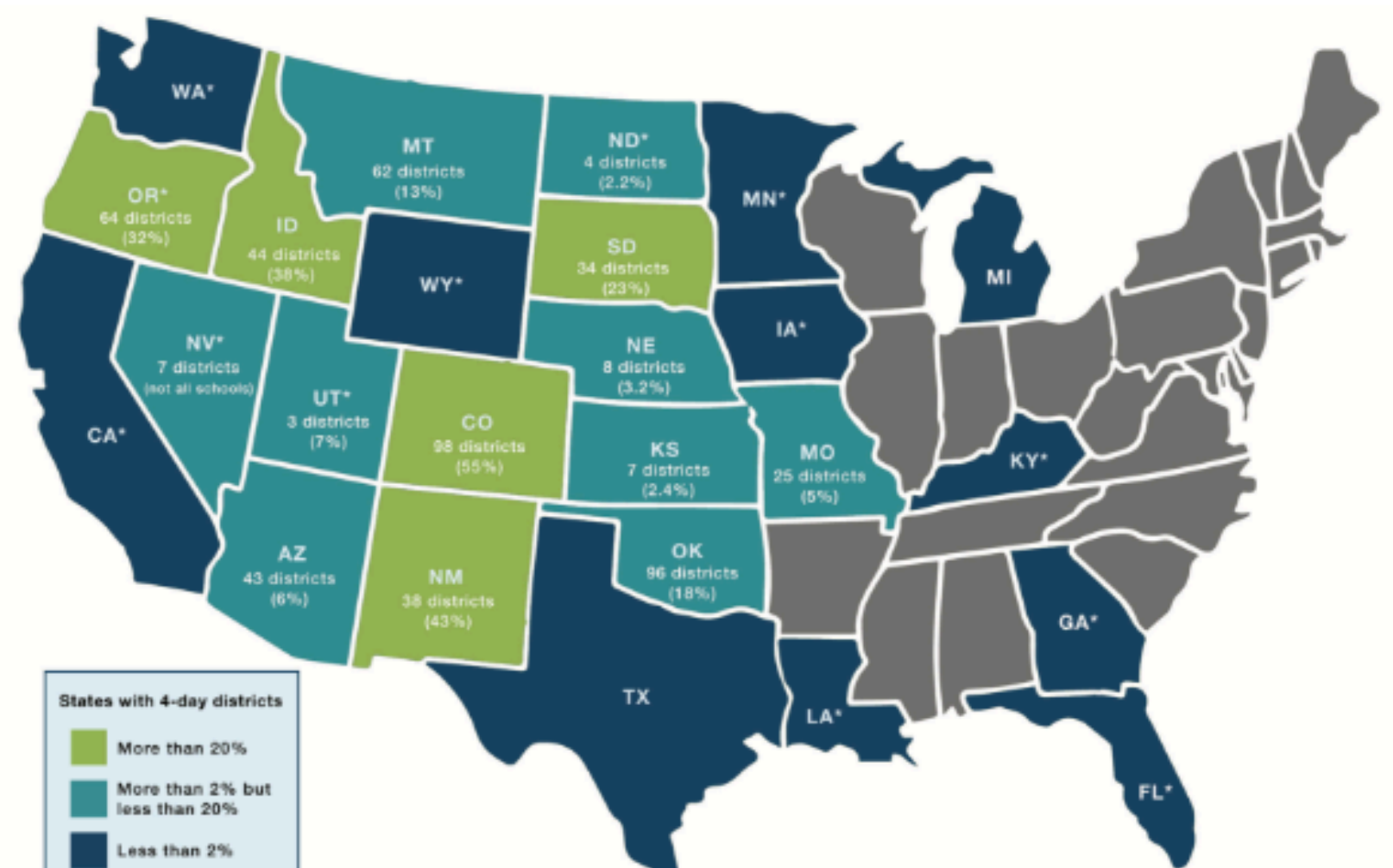
OTHER SCHOOLS WHO PARTICIPATE IN FOUR DAY WEEKS

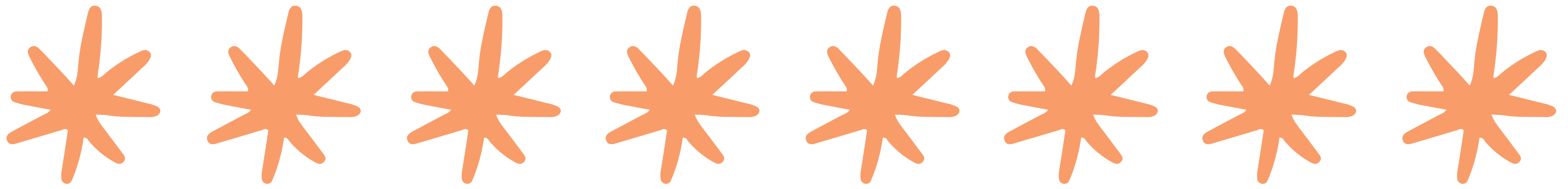


Around Louisa–Muscatine there are multiple schools that are moving to a four day week. These schools are all in our conference and around our LM district.

25 States Have at Least One District Using a Four-Day School Week

Approximately 550 of the Nation's School Districts Use a Four-Day Schedule²

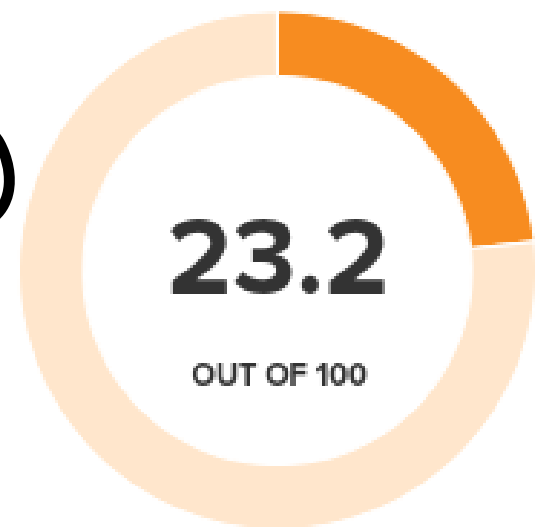




L-M high school data that can be improved

CHRONIC ABSENTEEISM

What is the percentage of students who were chronically absent?



ALL STUDENTS

state average 25.6

The students missing at least 10% of school days.

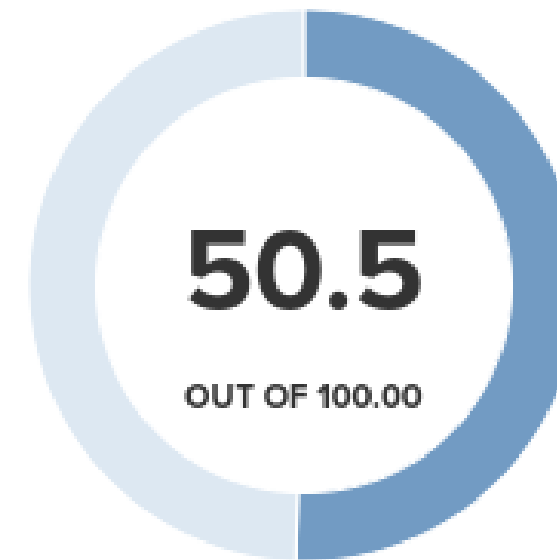
ATTENDANCE

What is the average daily attendance of students?



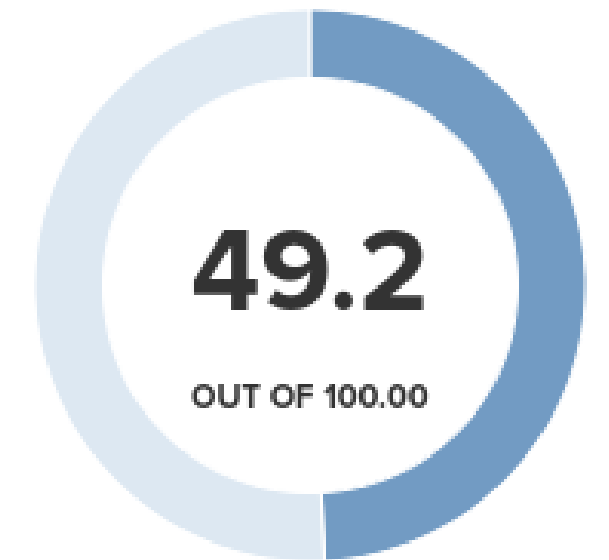
ALL STUDENTS

State Average: 91.8



English Language Arts

State Achievement Average: 50



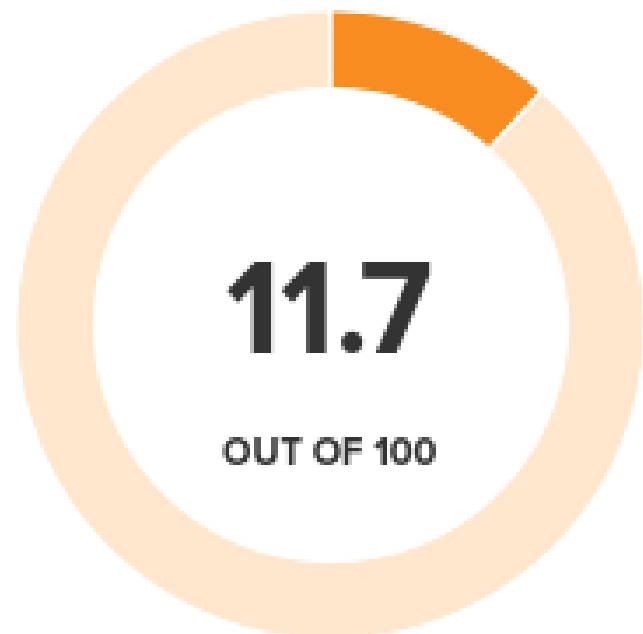
Mathematics

State Achievement Average: 50

L-M elementary data

CHRONIC ABSENTEEISM

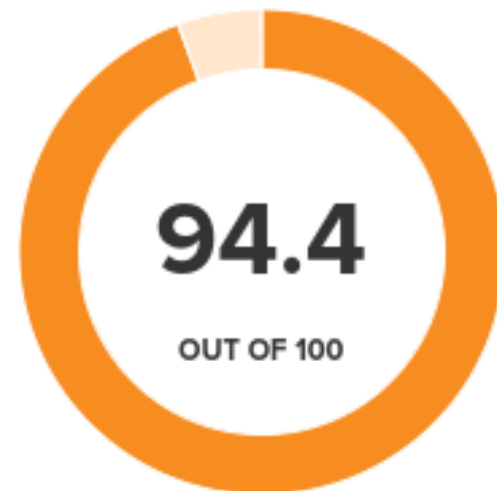
What is the percentage of students who were chronically absent?



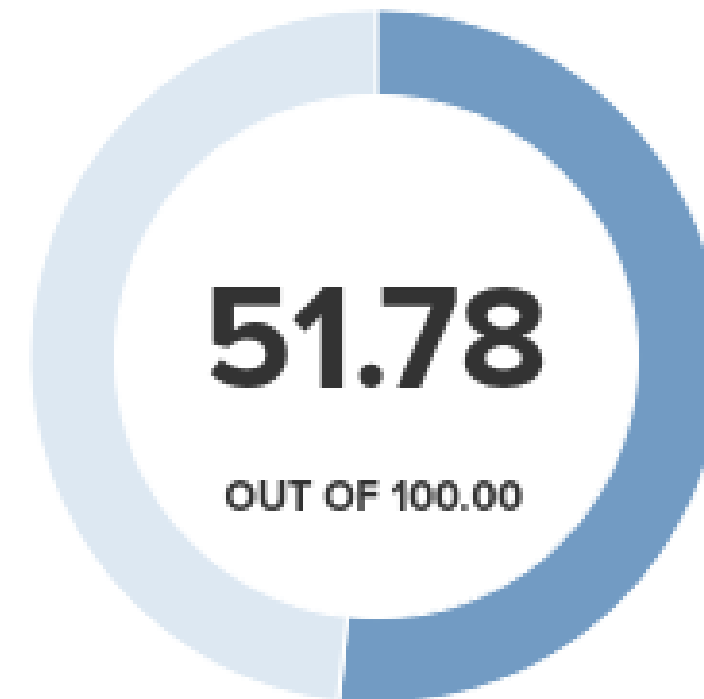
ALL STUDENTS

ATTENDANCE

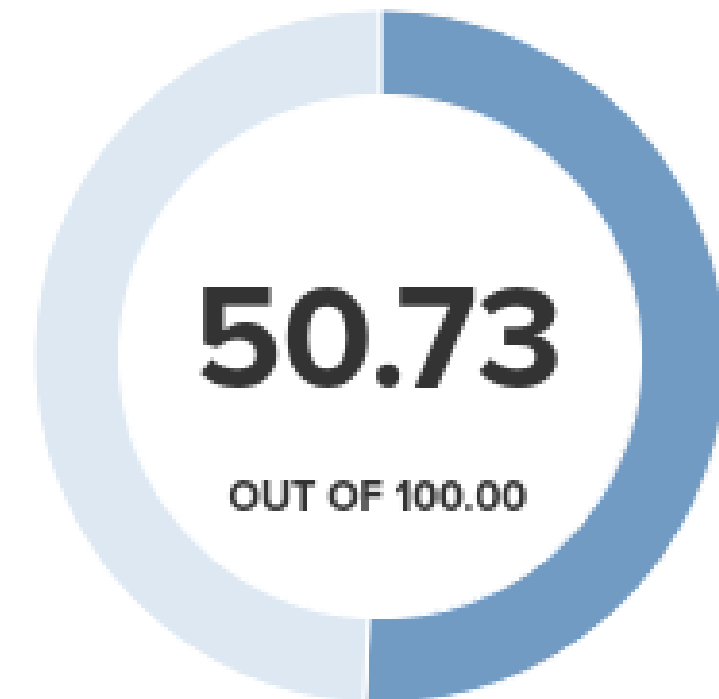
What is the average daily attendance of students?



ALL STUDENTS
State Average: 91.8



English Language Arts
State Achievement
Average: 50



Mathematics
State Achievement
Average: 50

WACO DATA

Waco has been doing four day week since fall of 2013 and have seen many improvements.

Waco's student attendance averaged 88% before moving to four day weeks and then 94% attendance after they switched. They believe that this helped because students and teachers both had a day where they could make appointments and plans leaving no excuses on why they can't show up to school. Tim Bartels, Waco's principal, says "it's not about the week, its about what the week can do for the staff and students."

PD Times/ days

At Waco their teachers come in every other Friday (their day during the week they have off). They just have to come for the morning then are free to leave in the afternoon.

WACO DATA

Waco's benefits according to Renea Reichenbach

Students- increases opportunities allowing them to get jobs. The students also have time to get extra help on Fridays or makeup tests. Groups like student council can use Friday mornings to meet and get things ready for big events like blood drive, homecoming, and more. Sports teams at Waco have also had the opportunities to use the mornings for walk-throughs.

Teachers- Longer class periods have lead their students to have more engagement in the classroom, which allows teachers to be able to teach better. Mrs. Reichenbach said that after Waco made the shift to 56- minute class periods her students started learning more.

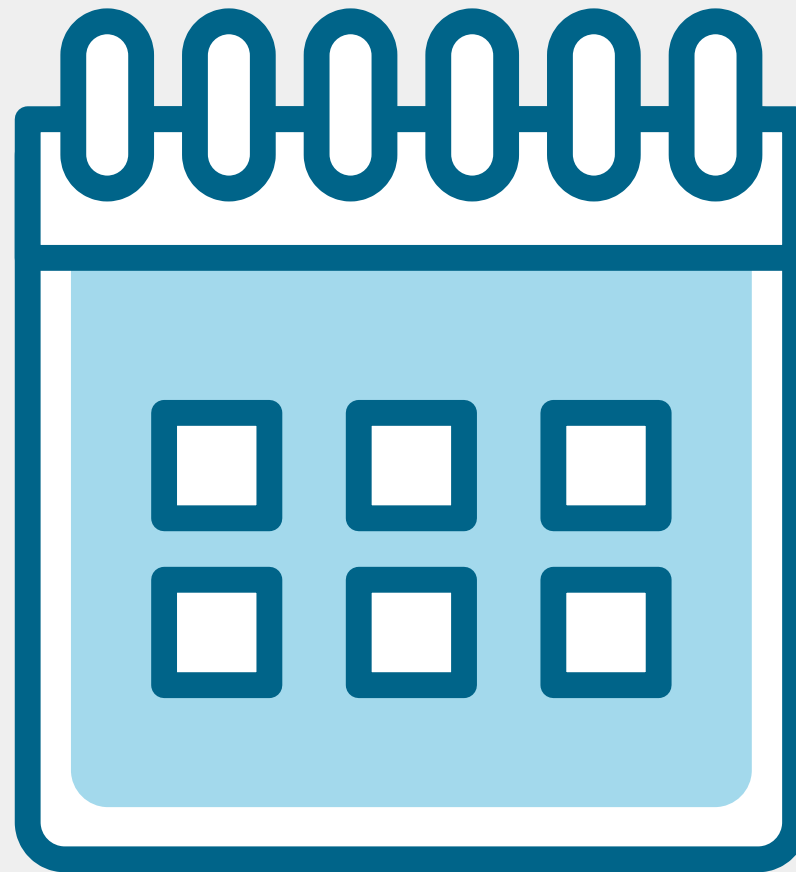
Families- More family time and less time being on a bus, eating lunch, and just having the breaks from learning allowing students to be able to learn more things.

Comparing

L-M

**Teachers- 190 days (5 vacation)
173 teaching days
1,384 hours/teaching**

**Students-173 days
(1,234 hours)**



Waco

**Teachers- 167.5 (contract)
147 teaching days
Hours: 7:40 - 4:30
1,298.5 hours/teaching**

**Students-147 days
(1092.7 hours)**

WMU DATA

One of the many schools starting four day weeks next year.
(Tuesday, Wednesday, Thursday, and Friday)

Four main goals of changing

1. **Teacher Retention**– encouraging teachers to want to stay at their school and built long last relationships.
2. **Teacher Effectiveness**– WMU says that with the four day schedule both the students and the teachers will have time to better prepare themselves and to develop professionally
3. **Teacher Recruitment**– The US is in a teacher shortage, so they hope that the four day week will trigger intrest in getting new teachers to apply at their school
4. **Student Achievement**– WMU wants to appove their schools *student and teacher morale*

Why have Monday off and not Friday?

WMU is not having school on Mondays because they think that Fridays are seen more like free days rather than a day that can be used for work. Their goal is that they can have their students see the Monday as a professional day to do their work, make appointments, and just get prepared for the upcoming week.

LONE TREE DATA

According to Tyler Hotz, superintendent, their goal is to improve attendance, make their school an “attractive option” for students and staff, and even lower funds and costs for the District

HIGHLAND DATA

Superintendent, Ken Crawford, had proposed of the idea of moving to four- day school weeks to attract teaching talent. He says that with their school being so small its hard to get the attention of teachers.

WHAT THE DAY WOULD LOOK LIKE



SCHEDULE

1st- 8:00-8:55
2nd- 8:58-9:53
3rd- 9:56-10:51
4th- 10:54-11:49
HR/A- 11:52-12:20
HR/B 12:23-12:51
5th- 12:54-1:49
6th-1:52-2:47
7th-2:50-3:45

J Hi (2 Lunches)		J Hi (1 Lunch)	
1st	8:00-8:55	1st	8:00-8:55
2nd	8:58-9:53	2nd	8:58-9:53
3rd	9:56-10:51	3rd	9:56-10:51
HR/A	10:54-11:19	Lunch	10:54-11:22
HR/B	11:23-11:49	HR/AAT	11:25-11:49
4th	11:52-12:51	4th	11:52-12:51
5th	12:54-1:49	5th	12:54-1:49
6th	1:52-2:47	6th	1:52-2:47
7th	2:50-3:45	7th	2:50-3:45

WHAT'S NEW

- Starting classes at 8:00 am rather than 8:10 am
- Ending the day at 3:45 pm rather than 3:18 pm
- Not having school on Mondays
- 55 minute class periods
- 7 class periods

BENEFITS

Cheaper for the district (not having to pay for buses on Monday)

REASON 1

Students get the same amount of school work done in a four day week with longer classes that you can get done in a five day

REASON 2

Allows the students and teachers more time to mentally collect themselves

REASON 3

OBSTACLES

What is going to happen to the kids that need a place to go on Monday?

Daycare at the school that can be run by the paras that only work certain days a week.

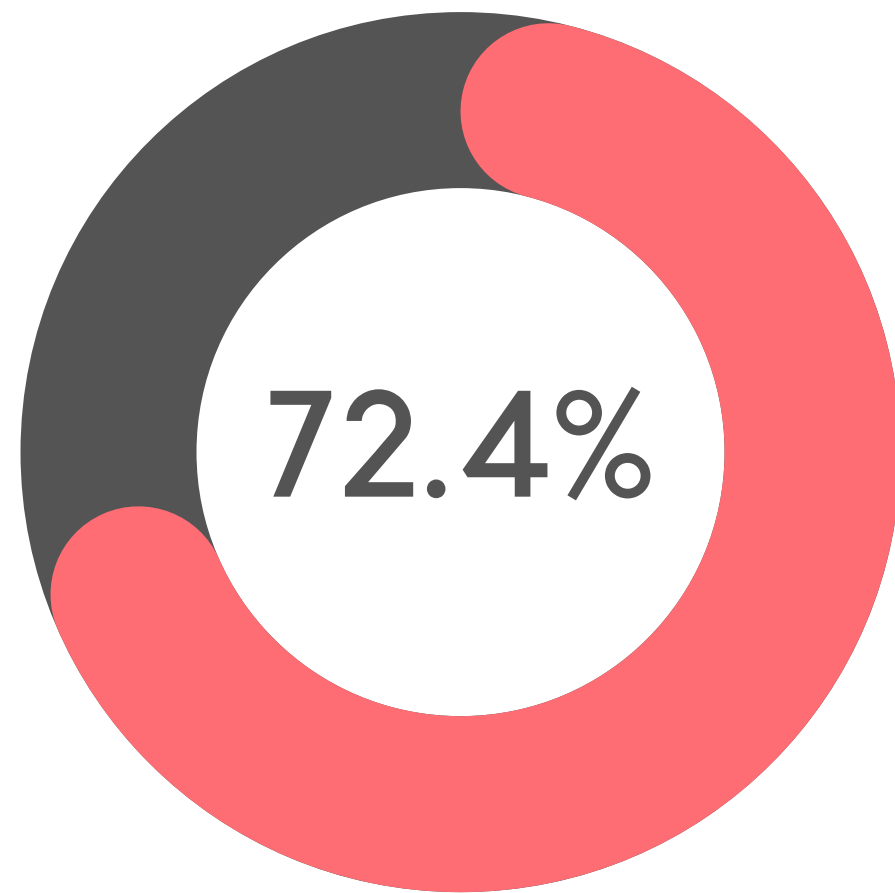
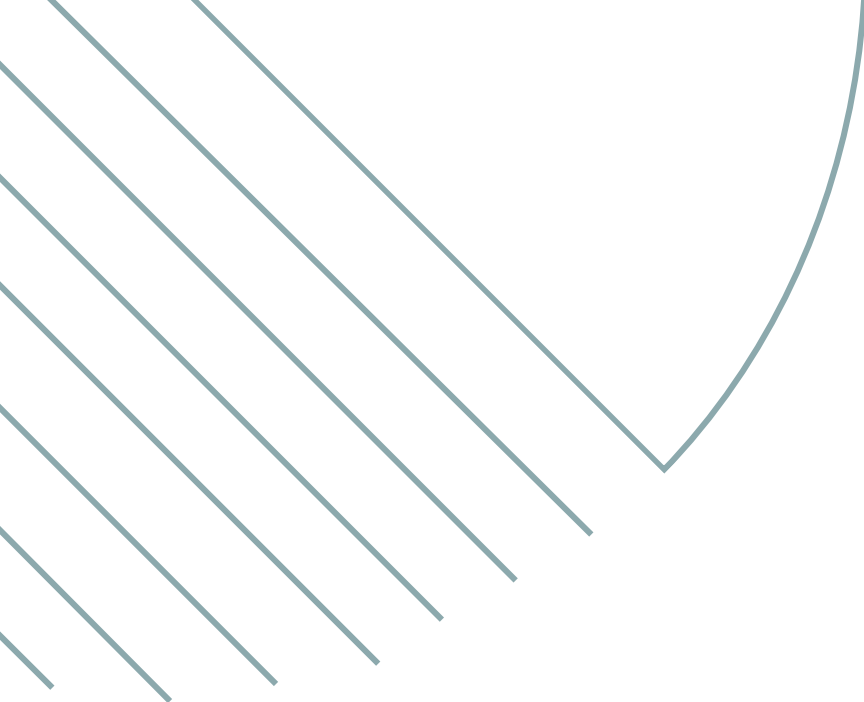
What is going to happen on Mondays with sports?

Sports will continue to go on like normal, just without school beforehand.

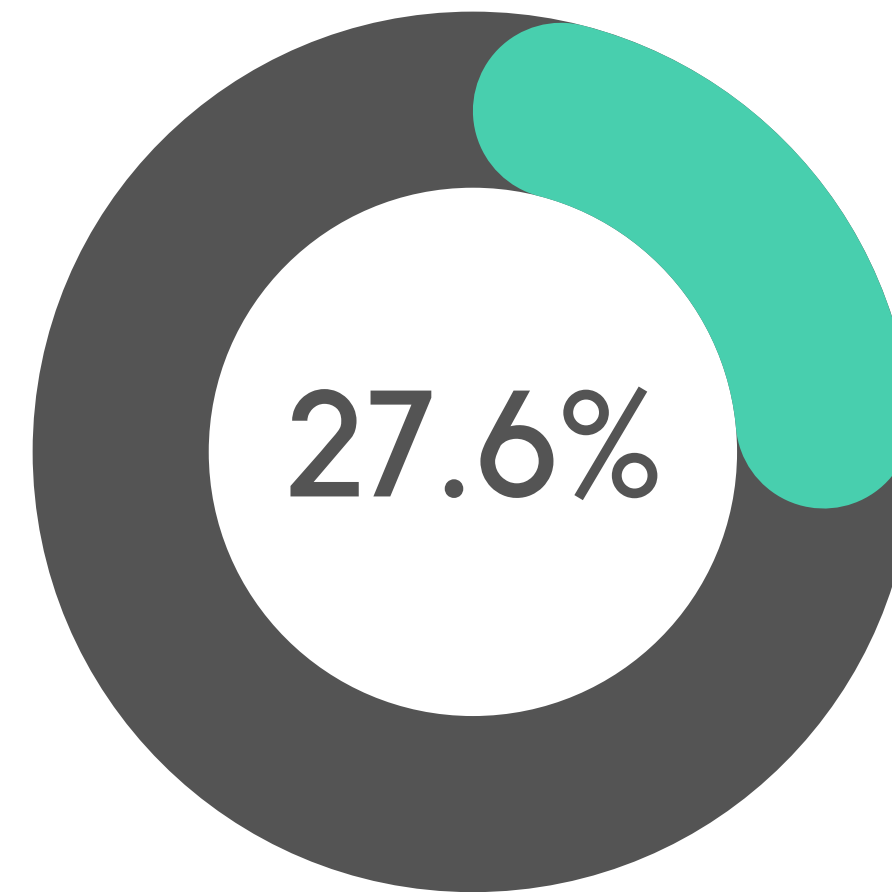
Athletes will still be required to make it to practice like they would during breaks when LM does not have school.

Do we have to go longer into the summer?
No, just because we go one day less it does not mean that we have to go into the summer any longer than we do now. We will still get the same amount of hours in a week that we would on a normal five day week.

STUDENT INPUT



STUDENTS VOTE YES



STUDENTS VOTE NO

58
Responses

STUDENT RESPONSES

NO

“It would make our classes and days longer. For the people in sports, we would have to leave our last class early for almost every away game. It is annoying to have to miss class all the time.”

“I don't want to take away days for summer. It would take me out of my school routine.”

“Students already have struggles focusing and getting their work done during the week, if there were no makeup days the lack of education would go even further.”

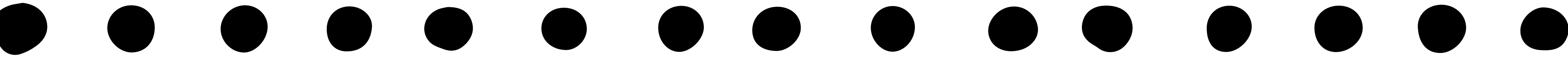
“We'd have to have a longer school year overall because we have to have a certain amount of days/hours per school year, so I'd rather finish in late may instead of June or even July.”

“We would have less days of summer and less school days to work on assignments.”

“a longer day would would drag on for so long that student engagement would most likely plummet”

STUDENT RESPONSES

YES



“school puts to much stress on people if its 5 days instead of four so we also have more time to do work over the weekend.”

“Because some people need the rest for a better mental health and need a break from school.”

“For mental awareness, people feel more refreshed after a three day break and come back to school ready to learn“

“Other school systems in the area do it and have much healthier education environments.”

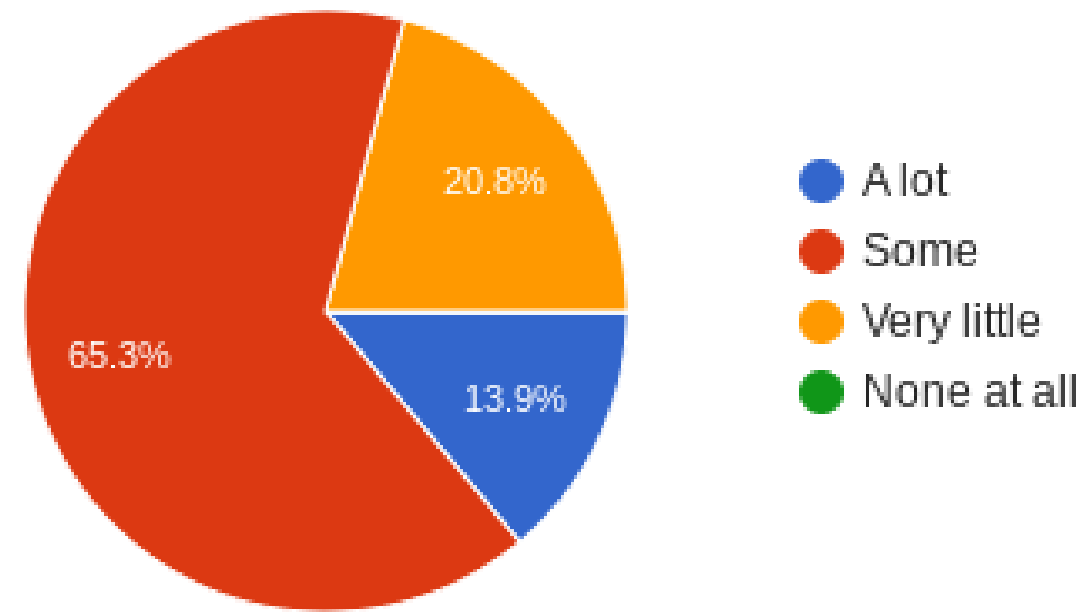
“With the inclusion of a four day school week, it would give way to a healthier physical and mental state for students and teachers alike. With a four day school week, we would be able to considerably cut back on the burnout that many students face because of an overload of homework and after school activities. The weekend often feels too short and you aren't able to fully recuperate before the beginning of the school week, and then a person's mind and body crash and burn from the physical and emotional stress. A four day school week would promote a healthier lifestyle for everyone, even though we may need to take shorter breaks throughout the school year.“

“Because students tend to get exhausted going to school 5 days a week and it makes students skip more because there so exhausted. I also feel it gives students more time to do homework.”

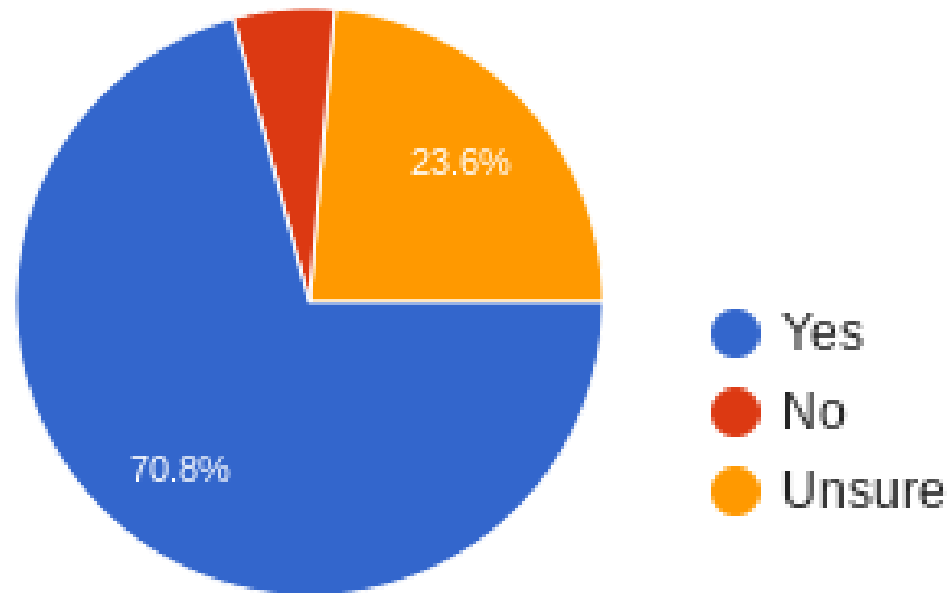
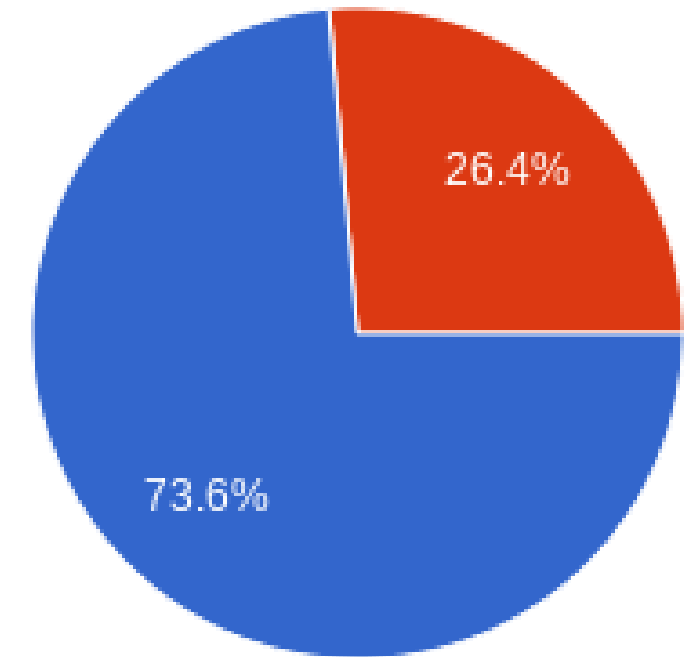
District Staff Responses

72 responses

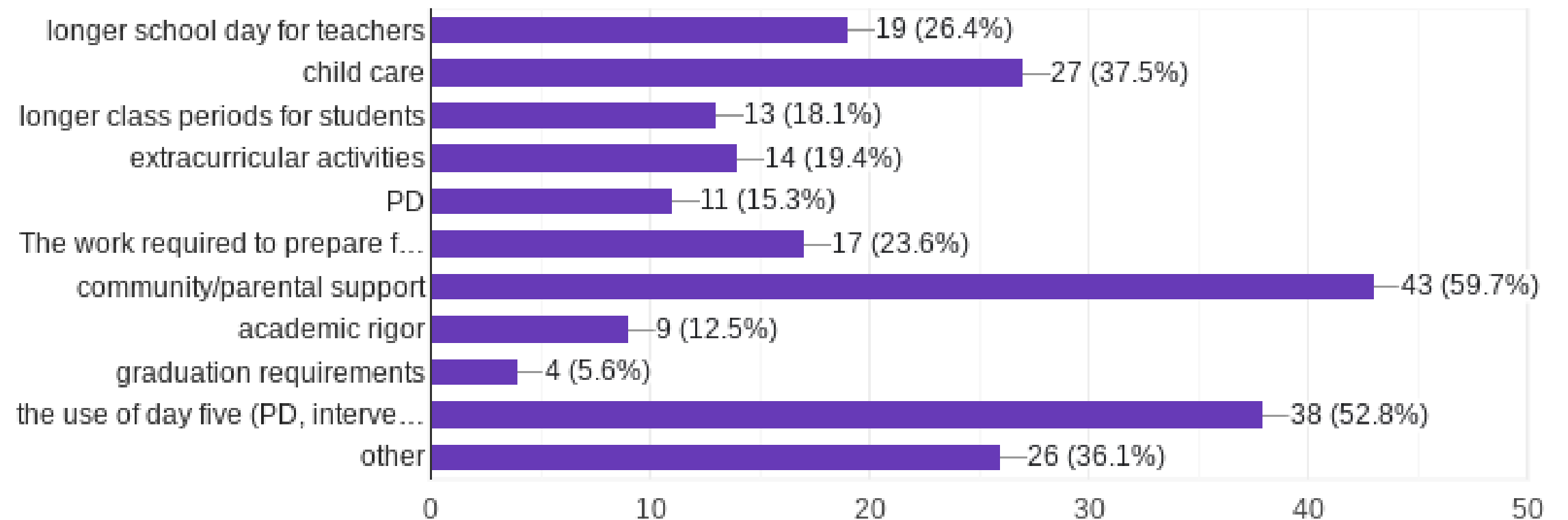
How much information do you know about four day school weeks?



Friday
Monday



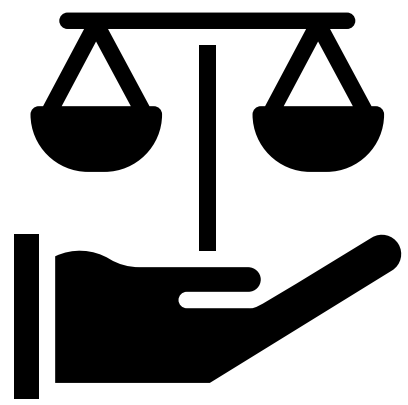
Would you be supportive of L-M exploring the four-day week option?



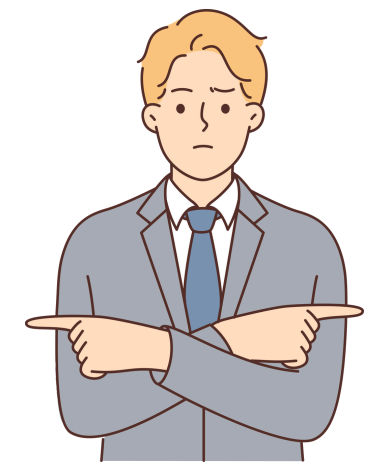
Teacher concerns

27 responses

- “What is going to happen to para and bus driver pay?”
- “What is going to happen to the students who have financial support problems and need meals”
- “Sending students home to spend additional time in potentially unsafe environment”
- “Para’s not wanting to “babysit” kids on the extra day”
- “Does it effect IPERS”
- “How will the students feel about this change”
- “How the community perceives this concept”



Fridays vs Mondays

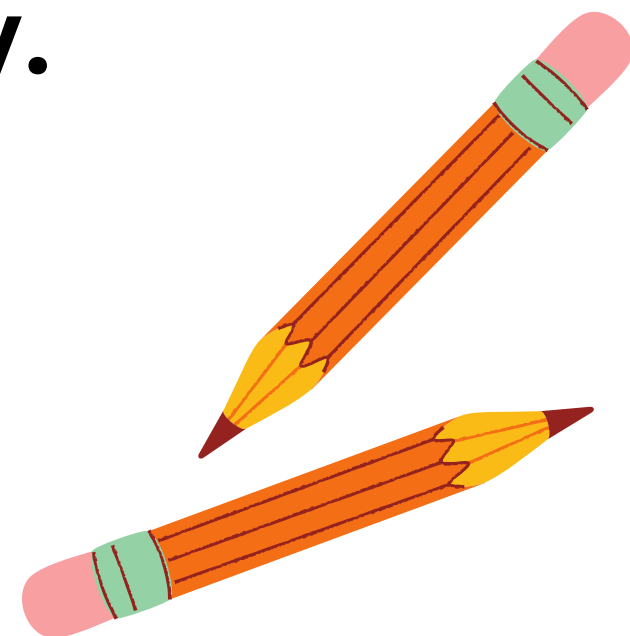


- “Friday is already an early out day”
- “If traveling, Fridays would be nice to have for potentially leaving early”
- “Childcare is potentially easier”
- “Generally more going on in personal lives on Fridays than Mondays”

- “To be able to bring kids to the weeks homework so they wouldn’t fall behind”
- As a teacher, I would be able to prepare for the week ahead”
- “It would be easier to use Mondays for anything I need to do”
- “Holidays tend to fall on Mondays”

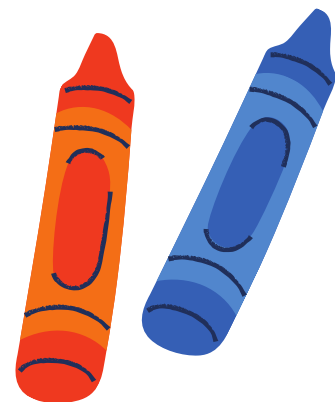
What is going to happen on the day five in the highschool?

Every other Monday or Friday would be used for intervention for kids that are failing or just need extra help to get the attention that they need. This time would help get our F's up and to allow students that struggle to get the deserved help. Some kids could be pulled to come in on Monday just like when you are pulled for flight. We would use a bus or a van to get kids to school for that day.



What is going to happen on the day five in the elementary?

On the day five there would be an adult watching over the student that need a place to go on this day. This day would also be used for the students that need a little bit of extra help. The students could work on the subject that they are struggling with to help get up to the speed that the other students are at.



KEY TAKEAWAYS

Interventions

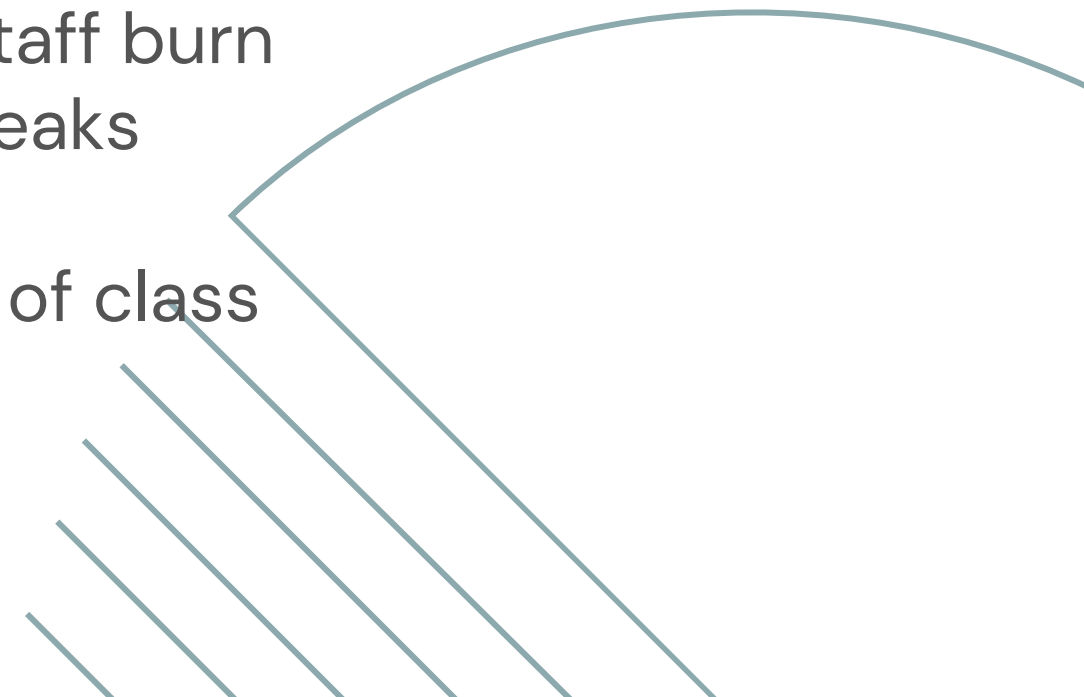
- More direct intervention with students that need them
- Longer time frame for more direct assistance
- Eliminate wasted time

Attendance

- four day school weeks lead to marked growth in student attendance
- more likely to have kids with better focus in school
- Allows for flexible use of day off (work, family, appointments, college)

Grades

- Increase of instructional time by 10-12 minutes per period
- Less student and staff burn out due to more breaks during the week
- more intensive use of class time





WHAT I WANT OUT OF THIS

Bring a study group to Waco to observe what their day looks like and meet with students, teachers, administrators, and board members to see the good and bad things that come from four-day weeks. Each sub group meet with their counterparts.



**IF WE WANT TO SEE
CHANGE WE NEED
TO MAKE CHANGES**