



Louisa-Muscatine CSD



WE ARE L-M
WHERE FALCONS SOAR, STUDENTS LEARN,
SCHOOL ROCKS AND CHARACTER RULES!

Back to School Events	
Online Registration Opens	August 6, 2024
In Person Registration	August 12th noon-6pm August 13th 7am-noon
Back to School Night	August 22, 2024
First Day of School	August 26, 2024

Website: www.lmcsd.org

Boxholder

Non-Profit Organization
U.S. Postage Paid
Permit No. 3
Letts, IA 52754

Louisa-Muscatine CSD
14478 170th St
Letts, IA 52754





Introducing...
Mr. John Kerr
Louisa-Muscatine
Secondary Principal

I taught jr. high math and physical education in Illinois to start my educational journey. I was a high school math teacher for 11 years in Iowa. I was an Elementary Principal at Wapello for 3 years, an AEA Math Consultant for 2 years, and I have been Mediapolis's Curriculum Director for 10 years. I have coached mostly basketball and softball for many years.

My father, Larry, was a teacher at WACO and Wapello. He passed away in 1991. My mother, Barbara, just turned 82 and lives in Wapello. I have 2 older sisters, Laura and Anita, who both have educational degrees. My wife's name is Julia and we have been married blissfully for 19 years. My son, Jered, is 17 years old.

ADMINISTRATIVE RULES

**The Louisa-Muscatine Community School District maintains records on each student in order to facilitate the instruction, guidance and educational progress of the student. The records contain information about the student and his or her education and may include, but not limited to, the following types of records: identification data, attendance data, record of achievement, family background data, aptitude tests, educational and vocational plan, honors and activities, discipline data, objective counselor or teacher ratings and observations and external agency reports.

**The Records of each student are generally located in the school, which he or she is attending. Any exception will be noted in the students other records or by the person in charge of record maintenance of student records for each school building listed below:

- Louisa-Muscatine High School: John Kerr, Principal
- Louisa-Muscatine Junior High: John Kerr, Principal
- Louisa-Muscatine Elementary: Aimee Wedeking, Principal

**The following persons, agencies and organizations may have restricted access to student records without prior written consent of the parent or student over the age of 18 years. Any other access to student records shall be only upon written consent or upon court order or legally issued subpoena.

- School officials, teachers and Mississippi Bend Area Education Agency personnel with legitimate educational interests.
- Officials of other schools in which the student proposes to enroll.
- Representatives of state and local government when auditing and evaluating Federal educational programs.
- Officials connected with a students educational financial aid application.
- Government officials to whom information is to be reported under state law adopted prior to November 19, 1974.
- Organizations that process and evaluate standardized tests.
- Accrediting organizations for accrediting purposes.

- Parents of dependent children, regardless of child's age.
- Appropriate parties in a health or safety emergency.

Student Directory Information:

**The Principal or person in charge of each attendance center may release the following types of information to the public, where appropriate, keeping in mind the privacy of the student and the student's family and the totality of the surrounding circumstances: name, address, telephone number, date and place of birth, e-mail address, grade level, enrollment status, major field of study, participation in officially recognized activities and sports, weight and height of members of athletic teams, dates of attendance, degrees and awards received, the most recent previous educational agency or institution attended by the student, photograph and other likeness, and other similar information. Examples of releases are: military recruitment, articles published in the newspaper, etc. To prevent the public release of such information, a parent must file a written objection with the aforementioned person responsible for maintaining student records by August 31st. The objections need to be renewed annually. Students and parents may file with the Department of Education, complaints concerning alleged failures of the school district to comply with federal legislation dealing with student records. Correspondence should be addressed to: The Family Educational Rights and Privacy Act Office, Department of Education, Switzer Building, 330 C Street S.W., Washington, D.C. 20201

**If you are the parent or legal guardian of a student you have the right to (1) inspect and review your child's educational records; (2) ask for an explanation of any item in the records; (3) have copies made at a reasonable cost; (4) be informed of types and locations of records being collected or used by the agency; (5) ask for the amendment of any record if you feel it is inaccurate, misleading or violates privacy rights; (6) a records hearing if the agency does not make the requested amendment; (7) give or withhold consent to disclose your child's records; (8) be told to whom information has been disclosed.

Be sure to visit the Louisa-Muscatine webpage for the most up-to-date information: www.lmcsd.org and check us out on Facebook: Louisa Muscatine Community Schools

CONCUSSION INFORMATION

Participation in school athletic activities provides opportunities for students to get daily exercise, increase lung capacity, and develop healthy habits. That opportunity, though, does not come without a potential risk of injury. Louisa-Muscatine coaches and trainers do everything in their power to prevent accidents from happening. Unfortunately, they are called accidents for a reason; we cannot prevent every injury. A new Iowa law that went into effect July 1st mandates schools to give information to all 7th-12th grade families

regarding the risk and signs of concussions when participating in extracurricular athletic activities. That information sheet requires athlete's and parent's signatures acknowledging receipt of the information on an annual basis. Athletes cannot practice or tryout until that form is completed. Forms can be downloaded from the district website, obtained at individual sport parent meetings, or completed at registration. Thanks for your help in keeping our athletes safe and informed.

Book Fees:

Grades K-2: \$90/Reduced Price \$45
 Grades 3-6: \$100/Reduced Price \$50 (includes student planner)
 Grades 7-12: \$100/Reduced Price \$50

Student Meals:

Breakfast K-6: \$1.90/Reduced Price 30¢
 Breakfast 7-12: \$1.90/Reduced Price 30¢
 Lunch K-6: \$2.90/Reduced Price 40¢
 Lunch 7-12: \$2.90/Reduced Price 40¢

Band Instrument Rental Fees: Students who play school-owned instruments will be charged a \$50 per year rental fee. Students who play school-owned percussion instruments will be charged a \$25 per year fee. Fees are waived for students who qualify for free meals and reduced to 1/2 the fee for those who qualify for reduced price meals. The fee will be non-refundable after the first 4 weeks of school.

Student Activity Tickets: \$50 annual fee for ALL home events

For your convenience, fees may be paid on our website (www.lmcsd.org) or mailed to Registration @ L-M JH/HS, 14354 170th St., Letts, IA 52754 -OR-- Registration @ L-M Elementary, 14506 170th St., Letts IA 52754. Be sure to list your child's name, grade and the fees you are paying. Please make separate checks for each building.

2024-2025 School Fees

Can't attend registration? That's okay! You can register online through Powerschool starting August 6th! If you need help logging into your Powerschool account, contact Amanda Wetzel in the administration office at awetzel@lmcsd.org or by calling 319-726-3541.

WE WOULD LIKE TO WELCOME ALL OF THE NEW STAFF TO OUR LOUISA-MUSCATINE FAMILY!



- John Kerr: Secondary Principal
- Calvin Simmons: 5th Grade Teacher (Welcome Back!)
- LeAnn Gillespie: HR/Payroll Specialist/Assistant Business Manager
 - Grace Kemp: Secondary Art Teacher
 - Tim Odell: JH Math Teacher
- Rebecca Ford: HS Special Education Teacher (Welcome Back!)
 - Hannah Pace: High School Math Teacher
- Kaitlynn Capper: Elementary Special Education Teacher

WE WOULD ALSO LIKE TO ANNOUNCE SOME PERSONNEL CHANGES!

- Chris Parkhurst: JH Social Studies Teacher
- Bethany Gabe: High School Math Teacher
- Cathy Jackson: Secondary Counselor/Social Worker
- Heidi Sievert: HS Special Education Teacher Strategist

Parents'/Guardians' Rights Notification

Parents/Guardians in the Louisa-Muscatine Community School District have the right to learn about the following qualifications of their child's teacher: state licensure requirements for the grade level and content areas taught, the current licensing status of your child's teacher, and baccalaureate/graduate certification/degree. You may also request the qualifications of an instructional paraprofessional who serves your student in a Title I program or if your school operates a school-wide Title I program. Parents/Guardians may request this information from the Office of the Superintendent by calling 319-726-3541, or sending a letter of request to Office of the Superintendent, Louisa-Muscatine CSD, 14478 170th St., Letts, Iowa, 52754. The Louisa-Muscatine Community School District ensures that parents will be notified in writing if their child has been assigned, or has been taught for four or more consecutive weeks by a teacher who is not considered highly qualified.

State Mandatory Requirements:

Due by the first day of school.

K- Up to date Vaccine Certificate-due by the first day of school-NO GRACE PERIOD, Certificate of Vision Screening, Certificate of Dental Screening & Reported Blood Lead Level

3rd- Certificate of Vision Screening

7th- Up to date Vaccine Certificate w/proof of current Tdap and MCVO4 (Meningitis Vaccine) due by the first day of school NO GRACE PERIOD

9th -Certificate of Dental Screening

12th- Up to Date Vaccine Certificate showing proof of current MCVO4 (Meningitis Vaccine), there must be one dose given after age 16.

Raise your hand if your students could use help after-hours!

Louisa-Muscatine CSD teachers and students have free access to Paper's professional tutors, 24/7!
Here are some helpful links.

Student login: <https://app.paper.co/login/student>

To download the app, students can search for "Paper Education" on Apple's App Store or Google Play.

Important Contact Information

Administration Office: 319-726-3541

Superintendent Mike Van Sickle: mvansickle@lmcsd.org

Secondary Office: 319-726-3421

JR/SR Principal John Kerr: jkerr@lmcsd.org

Elementary Office: 319-726-3634

Elem Principal Aimee Wedeking: awedeking@lmcsd.org

EQUAL EMPLOYMENT OPPORTUNITY

The Louisa-Muscatine Community School District will provide equal opportunity to employees and applicants for employment in accordance with applicable equal employment opportunity and affirmative action laws, directives and regulations of federal, state and local governing bodies. The school district will take affirmative action in major job categories where women, men, minorities and persons with disabilities are underrepresented. Employees will support and comply with the district's established equal employment opportunity and affirmative action policies. Employees will be given notice of this policy annually.

Individuals who file an application with the school district will be given consideration for employment if they meet or exceed the qualifications set by the board, administration, and Iowa Department of Education for the position for which they apply. In employing individuals, the board will consider the qualifications, credentials, and records of the applicants without regard to race, color, creed, sex, national origin, religion, age, socioeconomic status, or disability. In keeping with the law, the board will consider the veteran status of applicants.

Inquiries by employees or applicants for employment regarding compliance with equal employment opportunity and affirmative action laws and policies, including but not limited to complaints of discrimination, will be directed to the Affirmative Action Coordinator by writing to the Affirmative Action Coordinator, Superintendent, Louisa-Muscatine Community School District, Letts, Iowa 52754; or by telephoning (319) 726-3541.

Further information and copies of the procedures for filing a complaint are available in the districts central administrative office and the administrative office in each districts school buildings.

ASBESTOS HAZARD EMERGENCY RESPONSE ACT

Pursuant to the requirements of the Asbestos Hazard Emergency Response Act, a copy of the Asbestos Management Plan for each school building is available for review in each respective facility. A complete set of Management Plan is available for review in the District Administrative Office.

Going Out for Fall Sports?

You Will Need:

- A current physical
- A current athletic form (which includes the insurance waiver and concussion form.)

These forms are available on our website.

FREE OR REDUCED-COST LUNCHES ARE AVAILABLE TO STUDENTS. APPLICATION FORMS ARE AVAILABLE FROM BUILDING OFFICES UPON REQUEST OR CAN BE FOUND ON OUR WEBSITE. NO FREE OR REDUCED-COST MEALS WILL BE SERVED UNTIL AN APPROVED APPLICATION FOR THE FAMILY IS ON FILE IN THE DISTRICT. UNTIL APPROVAL, THE STUDENT WILL PURCHASE FULL PRICED MEALS. PARENTS ARE ENCOURAGED TO OBTAIN APPLICATION AT THE TIME OF REGISTRATION. CONTACT AMANDA FOR MORE INFORMATION (319) 726-3541 AWETZEL@LMCSD.ORG

4 Year Old Preschool Information

Parent/Child Visits: August 23rd & 26th

Back to School Schedule: August 27th: Half the preschool classes attending

August 28th: Half the preschool classes attending

August 29th: All preschool children attending.

Friday, August 30th: Daycare open for those registered

Sign ups for parent/child visits as well as which day is preferred for August 23 or 26 will be emailed to you by your child's teacher near the end of July. You can also sign up at registration.

⇒ It is the policy of the Louisa-Muscatine Community School District that school employees and volunteers not commit acts of physical or sexual abuse, including inappropriate and intentional sexual behavior, towards students.

⇒ It is the policy of the district to respond to allegations of abuse by school employees or volunteers by investigating or arranging for the full investigations of any allegations, and to do so in a reasonable prudent manner.

⇒ Anyone believing that a district employee or volunteer has abused a student may report the abuse to the level one investigators: Ai-

mee Wedeking, Principal-Elementary, 319-726-3634 or John Kerr, Principal-HS, 319-726-3421. Dawn Rios, District Nurse, will serve as alternate.

⇒ For additional questions regarding student abuse by district personnel, please contact the District Administrative Office, 319-726-3541.

A LETTER FROM OUR SUPERINTENDENT:

Patrons,

Last year Louisa-Muscatine (L-M) School District surveyed you to determine your approval of bonding for a varsity gym and a new HVAC (heating/cooling) system at the elementary. The estimated cost of this project was around 12 million dollars, with an option to increase the bond to 17 million to include wrestling, AG, weight room, performing arts, and playground additions/upgrades. It is apparent from the survey that the district needs to revisit what we put before the voters. Thank you to those who completed and returned the survey.

The L-M Board of Directors is planning a bond resolution of a lesser amount for an additional secondary school gym which we anticipate to be 12 million or less. At the earliest, this bond will be on the ballots during the general election on November 5, 2024. We are currently working with architects to establish current costs for this addition.

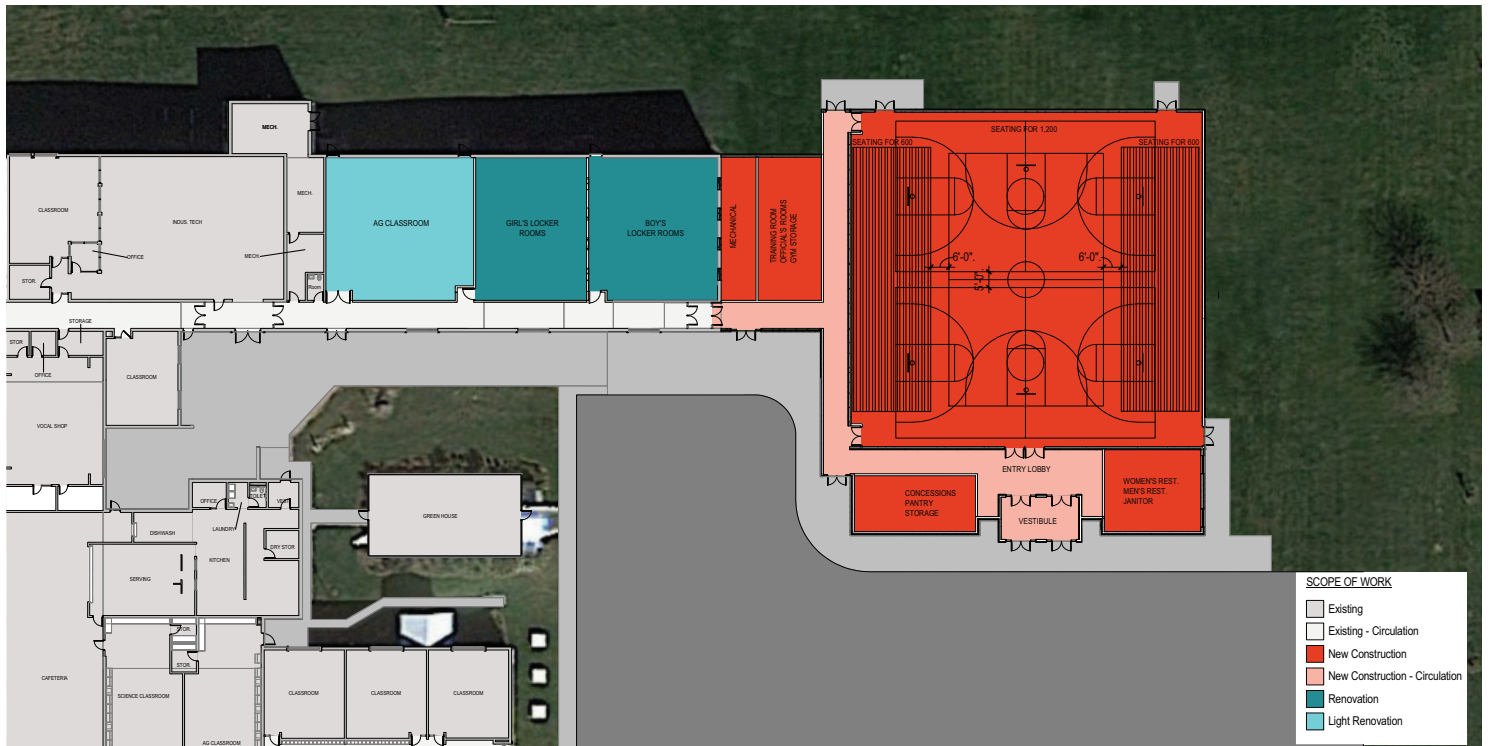
Below, you will find our gym availability and seating capacity as it compares to other schools we compete with, along with a preliminary design picture of the proposed addition.

Mike Van Sickle

L-M Superintendent

	Gyms in School	Varsity Gym Seating	Gyms in District	Auditorium in District
Central Lee	2	1,400	3	No
Columbus	2	1,000	3	Yes
Durant	2	900	2	Yes
Highland	2	1,200	3	No
Lone Tree	2	1,000	3	No
Mediapolis	3	1,200	3	Yes
New London	2	950	2	Yes
Van Buren	2	700	4	No
WACO	2	750	3	No
Wapello	2	700	3	Yes
West Burlington	2	1,130	3	Yes
West Liberty	1JH/1SH	1,200	3	Yes
Wilton	3	1,300	3	No
WMU	2	950	2	No
Louisa-Muscatine	1	530	2	No

OPTION 23 - GYM ADDITION | Louisa-Muscatine Jr. Sr. High School



2024-2025 School Calendar

August				
Mo	Tu	We	Th	Fr
			1	2
5	6	7	8	9
12	13	14	15	16
19	<20>	<21>	<22>	<23>
26	27	28	29	30

September				
Mo	Tu	We	Th	Fr
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

October				
Mo	Tu	We	Th	Fr
	1	2	3	4
7	8	9	10	11
<14>	15	16	17	18
21	22	23	24	25
28	29	30	31	

November				
Mo	Tu	We	Th	Fr
				<1>
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	*28*	29

December				
Mo	Tu	We	Th	Fr
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	*25*	26	27
30	31			

Legend				
	Qtr Begins			
	2 Hr. Early Out			
	< >	Inservice		
	Qtr Ends			
	**	Contracted Holiday		
		No School		
		P/T Conf		
		1 Hr. Early Out		
	*	Holiday		

Important Dates	
8/1	1st Principal Contract Day
8/6	Registration Opens
8/19	New Teacher Inservice
8/20-8/21	Teacher Quality Days Required
8/22-8/23	All Day Teacher Inservice
8/26	First Day of School
9/2	Labor Day, No School
10/14	Teacher Inservice, No School
10/15 & 10/17	Parent/Teacher Conferences
10/18	Comp. Day for P/T Conf. No School
10/25	End of 1st Quarter (43)
11/1	Teacher Inservice, No School
11/27-11/29	Thanksgiving Break, No School
11/28	Thanksgiving Day
12/23-1/3	Winter Break
12/25	Christmas Day
1/1	New Year's Day
1/16	End of 2nd Qtr (45) 1st Semester (88)
1/17	Teacher Inservice, No School
1/20	MLK Day, No School
1/21	1st Day of 2nd Semester
2/17	Presidents' Day
3/21	End of 3rd Qtr (43)
3/24	Teacher Inservice, No School
3/25 & 3/27	Parent/Teacher Conferences
3/28	Comp. Day for P/T Conf. No School
3/31	No School
4/18	Good Friday, No School
4/21-4/22	Vacation Days, No School
5/25	Graduation
5/26	Memorial Day
5/29	End of 4th Qtr (43), 2nd Semester(86)
5/30	Staff Inservice Day

School Times	
Elementary	8:17am - 3:25pm
Secondary	8:10am - 3:18pm

1st Snow Make-Up Day: January 20th
 2nd Snow Make-Up Day: February 17th

There will be no school make up days beyond June 6th, 2025 as long as we stay at or above the required 1,080 instructional hours. Teacher Inservice days may be used as make up weather days at the discretion of the superintendent. If 188 staff contract days have not been served by June 9th, additional day(s) will be made up individually by June 30th. Individual or group make up plans will be approved by administration. If LMCS D has a late start due to weather on Friday then LMCS D will not have an early out.

January				
Mo	Tu	We	Th	Fr
		1	2	3
6	7	8	9	10
13	14	15	16	<17>
*20	21	22	23	24
27	28	29	30	31

February				
Mo	Tu	We	Th	Fr
3	4	5	6	7
10	11	12	13	14
*17	18	19	20	21
24	25	26	27	28

March				
Mo	Tu	We	Th	Fr
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
<24>	25	26	27	28
31				

April				
Mo	Tu	We	Th	Fr
	1	2	3	4
7	8	9	10	11
14	15	16	17	*18*
21	22	23	24	25
28	29	30		

May				
Mo	Tu	We	Th	Fr
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
*26	27	28	29	<30>

June				
Mo	Tu	We	Th	Fr
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

It is the policy of the Louisa-Muscatine CSD not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, gender, disability, religion, age, political party affiliation, socioeconomic status, or actual or potential parental, family or marital status in its programs, activities, or employment practices as required by the Iowa Code.

OPEN ENROLLMENT

You can find current open enrollment information and the application on our Louisa-Muscatine website. If you need more information feel free to call us!

Remember: Back to School Night will be Thursday, August 22nd 4:30-6:30. The first day of school is

Monday, August 26 & Fridays we will dismiss one hour early.



STATEWIDE SMOKING BAN
Beginning July 1, 2008, after Governor Culver signed the Smoke Free Air Act (H.F. 2212), smoking is banned on all school grounds, including personal vehicles. Fines for individuals found in violation of the Smoke Free Air Act are currently set at \$50 per violation. For more information or to register a complaint call 1-888-944-2247 or visit www.IowaSmokefreeAir.gov

SCHOOL SUPPLY LISTS ARE AVAILABLE NOW ON OUR WEBSITE & FACEBOOK PAGE!

NON-DISCRIMINATION POLICY STATEMENT - Section 504

It is the policy of the Louisa-Muscatine Community School District to provide equal educational and employment opportunities and not to illegally discriminate on the basis of race, color, national origin, gender (sex), sexual orientation, gender identity, marital status, socioeconomic status (program only), age (employment only), disability, religion, or creed, in its educational programs, activities, or its employment and personnel policies. Affirmative steps are taken to integrate students in attendance centers, programs and classes on the basis of race, color, national origin, gender (sex), sexual orientation, gender identity, marital status, socioeconomic status, disability, religion, or creed.

This agency shall provide program activities, a curriculum, and instructional resources that will reflect the racial and cultural diversity present in the United States and the variety of careers, roles, and lifestyles open to both men and women in our society. One of the objectives of the agency's programs, curriculum, services, and teaching strategies is to reduce stereotyping and to eliminate bias on the basis of race, color, national origin, gender (sex), sexual orientation, gender identity, marital status, socioeconomic status, disability, religion, or creed. The curriculum, programs, and services shall foster respect and appreciation for the cultural diversity found in our country and an awareness of the rights, duties, and responsibilities of each individual as a member of a pluralistic society. It is the policy of this agency to affirmatively recruit women and men, members of diverse racial/ethnic groups, and persons with disabilities for job categories where they are under-represented. A fair and supportive environment will be provided for all students and employees.

Regardless of their race, color, national origin, gender (sex), sexual orientation, gender identity, marital status, socioeconomic status, disability, religion, or creed, inappropriate statement or actions made from one employee to another, from an employee to a student or vice versa, and from one student to another is a violation of this policy.

Inquiries or grievances related to this policy may be directed to Amy Lantigua - Equity Coordinator, L-M School District, 14478 170th St., Letts, IA 52754, or to the Director of the Iowa Civil Rights Commission in Des Moines, the Director of the Region VII Office of the United States Equal Employment Opportunity Commission, or the Director of the Regional VII Office of Civil Rights, United States Department of Education in Kansas City, Missouri. Inquiries may also be directed to the Director, Iowa Department of Education, Grimes State Office Building, Des Moines, Iowa 50319.



ELEMENTARY SUMMER READING:

Hopefully within your summer you have had time to do some reading. Be sure to jot down the days, times or books you have read to turn into Mrs. Wedeking. (Or if you have participated in the library summer programs!) These can be emailed to awedeking@lmcsd.org, brought to registration, dropped off at the Letts Library or brought the first day of school. We want to see lots of names on the Summer Reading Board!

August Breakfast/Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
26 Egg & Hashbrown	27 Pancakes	28 Biscuit & *Gravy	29 French Toast Sticks	30 Muffins
Elementary Alternate: PBJ, Yogurt, Fruit & Juice				
BBQ Ribs, Baked Beans, Tater Tots & Mixed Fruit	Steak Fajita Taco w/toppings, Refried Beans & Grapes	*Pulled Pork Sandwich, Potato Salad, Chips & Watermelon	Pizza Crunchers or Pizza Burger, Salad, Mixed Veggies & Orange Slices	Lasagna, Green Beans, Garlic Toast & Pears

SCHOOL WELLNESS POLICY

As obesity has become a problem in youth and adults throughout the nation, we have seen increased concern with nutrition. To address this concern a committee of parents, community members, teaching staff representatives, nutrition staff, and administration worked to develop a wellness policy in 2006. In 2017, the committee worked to revise and update the policy which was approved by the Board of Education in June. The committee's goals have remained the same: to provide students with better nutritional choices, not to become the food police, and give the students better nutrition information to help them make better food choices. Beverages and snacks in vending machines operated during the school day, as well as foods offered in the ala carte line, will follow nutrition guidelines provided by the Healthy Kids Act. Listed is a suggested snack list for parents sending treats to school.

Suggested Snack List (Not an all inclusive list): granola bars, apple Slices, fresh fruit cups or fruit cups in syrup, baked pre packaged chips, animal crackers, cheese nibs or gold fish, go-gurt, jello, pudding cups, popcorn, juice boxes, cookies pre-packaged, crackers pre-packaged.

STATEMENT REGARDING THE HOMELESS

The Board of Directors of the Louisa-Muscatine Community School District is responsible for locating and identifying homeless children and youth who are "identified" within the district. A "homeless child or youth of school age" is defined as one between the ages of 5 and 21 who lacks a fixed, regular and adequate night time residence and includes a child or youth living on the street, in a car, tent or abandoned building or some other form of shelter not designed as a permanent home; living in a community shelter facility; or living with non-nuclear family members or friends who may not have legal guardianship over the child or youth of school age. The district shall make available to the homeless child or youth all services and assistance including, but not limited to, compensatory education, special education, English as a second language, vocational courses or programs, programs for the gifted and talented, health services, and food and nutrition programs, on the same basis of those services and assistance provided to resident pupils. If you need further assistance/information, please contact the building principal, counselor or the Superintendent of Schools, 14478 170th Street, Letts, Iowa 52754.

Alternate lunch entree is offered for grades K-12.
 JH/HS may purchase 2nd entree for \$1.90
 All meals are served with a choice of milk.
 Fresh Carrots are served daily.
 Items marked with * contain pork.

Available for lunch daily for grades 7-12: Turkey or *Ham deli, chef salad, pizza, fresh fruit
 Alternate breakfast entree: cold cereal, toast, fruit or juice. A la Carte breakfast available for grades 9-12
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



September Breakfast/Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL 	3 *Breakfast Sandwich *Club Sandwich, Mac & Cheese, Fresh Carrots and Apples w/dip	4 *Breakfast Bites Breaded Chicken Sandwich, Sidewinders, Mixed Veggies, Pasta Salad (HS ONLY) & Grapes	5 Cinnamon Roll Corndog, Salad, Hot Veggies(HS ONLY), Cheesy Potatoes & Applesauce	6 Donuts Crispito, Corn, Nachos & Melon
Elementary Alternate: Cereal, Meat Stick, Fruit & Juice				
9 Cinnamon Toast Danish	10 Egg Casserole & Toast	11 Egg, *Bacon & Biscuit	12 Yogurt Parfait	13 Donut Holes
Elementary Alternate: PBJ, Crackers, Fruit & Juice				
Chicken *Bacon Wrap, Chips, Celery w/PB & Pears	Beef Taco w/toppings, Rice, Chips & Salsa(HS ONLY) and Fresh Fruit Mix	*Pork Fritter, Cottage Cheese, Tater Tots, Peach & Pear Mix and Chocolate Chip Cookie	Chicken Nuggets, Macaroni Cornbake, B&B and Apples w/dip	Spaghetti, Green Beans, Garlic Bread & Mixed Fruit
16 *Breakfast on a Stick	17 Frudel	18 Egg & Toast	19 Waffles	20 Muffins
Elementary Alternate: Cereal, Yogurt, Fruit & Juice				
*Cheddarwurst, Chips, Veggie Cup & Peaches	Chicken Fajitas, Nachos w/toppings, Refried Beans & Mandarin Oranges	Grilled Chicken, Salad, Baked Potato, Broccoli & Cheese and Pineapple w/Kiwi	Maid-Rite, French Fries, Baked Beans & Grapes	Falcon Bowl, Mashed Potatoes, Corn, Roll & Applesauce
23 Cinnamon Toast	24 Biscuit & *Gravy	25 Eggs, *Sausage & Toast	26 French Toast Sticks	27 Donuts
Elementary Alternate: PBJ, Meat Stick, Fruit & Juice				
Chef Salad, Fresh Carrots & Banana	Walking Taco w/toppings, Rice & Grapes	Sloppy Joes, French Fries, Baked Beans & Oranges	Pizza, Salad, Green Beans & Pineapple	Chicken Tetrizzini, Mashed Potatoes, Corn, Roll & Peaches
30 Pancakes	1	2	3	4
Elementary Alternate: Cereal, Crackers, Fruit & Juice				
Cheeseburger, Cheesy Potatoes, Cottage Cheese & Pears				