

Parent/s,

On-line registration is now open. On-site registration is Friday, August 5th from 7:00-Noon and 1:00-6:00 pm at your student's school. I would ask any new open-enrolled student and their parent/guardian to make every effort to attend the on-site registration. Please pass this information on to any family or friend you know of that may have interest in open enrolling to L-M for the 2022-2023 school year.

There have been some changes in PE scheduling. We have been able to offer an extended lifting class on Mondays and Wednesdays to athletes who in the past would be expected to lift outside of school time or part of their practice time. This allows students to get that lifting completed during the school day, allows coaches to be more flexible with practice time, creates consistency in the L-M lifting program through-out the school year, and will develop stronger athletes. We were able to do this without effecting academia using six different strategies to expand PE time on Mondays and Wednesdays. These students will also lift on Friday, but it will be a traditional 40-minute period.

Zero Hour: Before school PE class 6:30-7:30 am (juniors and seniors only)

Early Bird: PE class starts at 7:50 (20 minutes before school) and concludes at the end of first hour

3rd + Flight: Third hour PE is combined with flight time (If students need help during flight, they will be excused)

4th + HR: Fourth Hour PE is combined with homeroom

5th + HR: Fifth Hour PE is combined with homeroom

Late Bird: Eighth hour PE is extended 20 minutes past the end of the school day

With this new strategy we may have hiccups during implementation. Please be patient as we work through those wrinkles. We will monitor the effectiveness of this program and determine if it should be continued, tweaked or discontinued prior to the 2023-24 school year.

Have a great weekend,
Mike Van Sickle
Superintendent